

Course Code	General Psychology UNYP 80272
Level	Lower-level course in a Bachelor's degree program
Credits	3 semester credits / 6 ECTS
Pre-requisite(s)	None
Scheduled meetings	45 hours
Average preparation time	105 hours
Total student work time	150 hours
Description	Introduction to psychology. Learning, motivation, personality, intelligence, testing, abnormal behavior, and psychotherapy.
Learning outcomes	<p>Upon successfully completing this course, the student will be able to:</p> <ul style="list-style-type: none"> • trace the development of psychology from its origins to its present day forms; • understand the biological basis of human behavior; • understand the role of psychological experiments in testing hypotheses; • understand the basic principles and major discoveries from most major disciplines within the field; • understand common mental illnesses and the variety of therapies available.
Study literature	<p>Brookfield, S.D. (1987). <i>Developing critical thinkers: Challenging adults to explore alternative ways of thinking and acting</i>, 3-14. Milton Keynes, UK: Open University Press.</p> <p>Nolen-Hoeksema, S., Fredrickson, B., Loftus, G.R., & Wagenaar (2009; 2014). <i>Atkinson & Hilgard's Introduction to Psychology</i> (15th or 16th editions), Hampshire, UK: Cengage Learning.</p> <p>Additional readings available on UNYP E-Learn or in the UNYP Library.</p>

All courses are taught in English, with the exception of language courses. UNYP's 3-year and 4-year Bachelor's programs are accredited by the Czech Accreditation Commission, a part of the Czech Ministry of Education, Youth and Sports, and lead to the award of a *bakalář* (Bachelor's) degree. UNYP's 3-year Bachelor's of Business degree is also accredited by the the U.S.-based International Assembly for Collegiate Business Education (IACBE), a CHEA-recognized accreditor.