

Course Code	Living in Social & Political Crisis UNYP 81460
Level	Upper-level course in a Bachelor's degree program
Credits	3 semester credits / 6 ECTS
Pre-requisite(s)	C- or better in General Psychology

Scheduled meetings	45 hours
Average preparation time	105 hours
Total student work time	150 hours

Description

The course explores how people live in and cope with diverse social and political crises, such as terrorism, war-torn societies, racism and family violence. Symptoms and classified psychological disorders related to trauma are examined as well as memory and specific psychological methods of intervention, such as psychodynamic approaches, imagination methods, and group therapy. Further emphasis is put on micro- and macro-political methods of conflict regulation and mediation such as cultural encounter groups and arbitration.

- Learning outcomes**
- Upon successfully completing this course, the student will be able to:
- identify and describe specific social and political crises (terrorism, family violence, ethnic conflict) and know at least some of these issues in greater depth;
 - understand the effects that these crises can have on individuals and groups, including being able to describe the key symptoms of DSM-IV listed mental illness that can result;
 - define and explain critical steps in interventions techniques in dealing with traumatized and traumatizing individuals, groups, and communities;
 - gain insight into various psychological factors which can lead to such social and political crises, including various understanding of human aggression, hatred and destructiveness;

Study literature

Psychoanalysis and Ecology at the Edge of Chaos (Dodds, 2011).

Additional readings available on UNYP E-Learn or in the UNYP Library.

All courses are taught in English, with the exception of language courses. UNYP's 3-year and 4-year Bachelor's programs are accredited by the Czech Accreditation Commission, a part of the Czech Ministry of Education, Youth and Sports, and lead to the award of a *bakalář* (Bachelor's) degree. UNYP's 3-year Bachelor's of Business degree is also accredited by the the U.S.-based International Assembly for Collegiate Business Education (IACBE), a CHEA-recognized accreditor.